

FOX VALLEY ASSOCIATION CONFERENCE MEET

Countryside Golf Club
Thursday, October 14, 1993

RUNNER	ONE MILE	TWO MILE	FINISHING TIME	PLACE
Rhett Weyenberg	5:03	10:15	15:53	1st
Bret Weyenberg	5:03	10:32	16:27	5th
Chad Gorectke	5:08	10:43	16:41	8th
Jay Frater	5:10	10:55	17:04	18th
Ben Miller	5:11	10:55	17:13	20th
Ryan Freund	5:06	11:02	17:21	22nd
Andy Marica	5:19	11:08	17:23	24th

JV RUNNER	ONE MILE	TWO MILE	FINISHING TIME	PLACE
Chris Core	5:26	11:20	17:26	1st
Mike Heidke	5:26	11:20	17:30	2nd
Rich Rasmussen	5:26	11:27	17:44	3rd
Jamie Remme	5:39	11:47	17:57	5th
Ryan Waterstreet	5:33	11:47	18:24	11th
Brian Wankel	5:39	11:55	18:30	13th
Ryan Hayes	5:47	12:15	18:56	23rd

OPEN RACE	ONE MILE	TWO MILE	FINISHING TIME
Jamie Michalkiewicz	6:05	12:36	19:20
Jason Wendler	5:58	12:47	19:52
Joe Nichols	5:54	12:26	19:20
Justin Bracco	5:26	11:22	17:35
Brian Koslowski	5:56	12:23	19:11
Eric Smiltnick	5:52	12:18	19:15
Ryan Gorectke	5:43	11:50	18:26
Ryan Mulroy	6:25	14:20	22:46

REMAINDER OF TOP TEN	SCHOOL	FINISHING TIME	PLACE
Aaron Sass	Appleton East	16:19	2nd
Dugan Webster	Appleton East	16:21	3rd
Rayn Patschke	Appleton West	16:22	4th
Scott Myers	Appleton East	16:30	6th
Matt Toeppler	Menasha	16:32	7th
Tim Rumlow	Oshkosh West	16:44	9th
Abel Mendoza	Appleton East	16:45	10

VARSITY TEAM	SCORE
1. Appleton East	32
2. Neenah	52
3. Fond du Lac	91
4. Oshkosh West	129
5. Kaukauna	135
6. Appleton West	148
7. Menasha	176
8. Oshkosh North	208
9. Kimberly	242

JV TEAM	SCORE
1. Neenah	22
2. Appleton East	42
3. Kaukauna	85
4. Fond du Lac	98
5. Appleton West	150
6. Oshkosh West	152
7. Menasha	219

Weyenberg's first not enough for

NORTHWESTERN STAFF

Rhett Weyenberg of Neenah won the battle, but Appleton East won the war Thursday at the Fox Valley Association cross country meet at Kaukauna.

Weyenberg won the boys' race for the Rockets, but East's 32 points topped Neenah's 52 for the conference title. Fond du Lac took third at 91 and Oshkosh West was fourth at 129.

Neenah won the girls' race with five racers placing in the top nine. North was fourth,

Rockets' runner wins FVA race, but Patriots win title

Menasha fifth and Fond du Lac seventh. Kendra Frederick won the girls' race for Fond du Lac.

Menasha finished seventh in the boys' race, led by Matt Toeppler in seventh, and Oshkosh North was eighth.

Bret Weyenberg finished fifth in the boys' race for the Rockets and Chad Gorectke was eighth.

Tim Rumlow was the top Oshkosh West runner, finishing ninth to make all-conference with a top-10 fin-



Rumlow

Tremble

ish. Shawn Burwell took 14th. "This was a real big breakthrough for Tim Rumlow,"

West coach Russ Hoxtell said. "He was about 20 seconds faster than he was all year. That was his goal (all-conference) and he was very happy. Shawn Burwell also ran very well."

Ben Tremble led Oshkosh North with a 12th-place finish in 16 minutes, 49 seconds.

"That is Tremble's best time of the year," North coach Chuck Reigel said. "Hopefully he'll be all-conference."

Sean Smith was Fond du

Neenah

CROSS COUNTRY

Prep boys' results
FVA Meet
Appleton East 32, Neenah 52, Fond du Lac 91, Oshkosh West 129, Kaukauna 135, Appleton West 148, Menasha 176, Oshkosh North 209, Kimberly 242

1. Rhett Weyenberg (N) 15:53, 2. Aaron Sess (AE) 16:19, 3. Duan Webster (AE) 16:21, 4. Ryan Paischka (AW) 16:22, 5. Bret Weyenberg (N) 16:27, 6. Scott Myers (AE) 16:30, 7. Matt Toeppler (M) 16:32, 8. Chad Gorectke (N) 16:41, 9. Tim Rumlow (OW) 16:44, 10. Abe Mendoza (AE) 16:45.

Oshkosh North finishers — 12. Ben Tremble 16:49, 15. Pale Crossman 18:06, 46. Tim Winchester 18:12, 51. Bruce Sletoff 18:41, 54. Aaron Terrell 18:54, 57. Matt Menacher 19:12, 59. Eric Sawicki 19:15.

Oshkosh West finishers — 14. Shawn Burwell 16:52, 33. Joe Werner 17:40, 35. Jeff Birholtz 17:42, 38. Nale Uselding 17:57, 41. Nale Rultz 17:59, Todd Hanson 18:00.

Fond du Lac finishers — 13. Sean Smith 16:50, 15. Brian Bulzen 16:56, 17. Chris Monroe 16:59, 19. Jim Reichling 17:04, 27. Nalhan Schafer 17:29, 28. Dave Levine 17:30, 32. Aaron Vandenslunt 17:39.

Other Neenah finishers — 18. Jim Fraier 17:04, 20. Ben Miller 17:13, 22. Ryan Freund 17:21, 24. Andy Marks 17:23.

Other Menasha finishers — 34. Matt Eisele 17:41, 37. Kurt Knoll 17:54, 48. Tim Pierre 18:21, 50. Kris Lunenu 18:35, 55. Matt Jansen 19:05, 59. Keith Hoffkens 19:48.

Prep girls' results

FVA Meet

Neenah 28, Kimberly 97, Appleton West 129, Oshkosh North 122, Menasha 130, Appleton East 141, Fond du Lac 145, Kaukauna 177, Oshkosh West 181

Distance 4,000
1. Kendra Frederick (F) 15:19, 2. Kim Griesbach (Kim) 15:22, 3. Christy McCheon (N) 15:36, 4. Meghan Patterson (N) 15:38, 5. Julie Olson (N) 15:42, 6. Nicole Schmidt (M) 15:45, 7. Christy Codner (N) 15:46, 8. Amanda Neumeier (Kim) 15:51, 9. Sara Codner (N) 15:53, 10. Sarah McGilare (AW) 15:54.

Oshkosh North finishers — 18. Tania Habeck 16:24, 21. Marcie Fisher 16:35, 22. Manikhone Luangpraseuth 16:36, 25. Tim Luangpraseuth 16:47, 36. Karina Smith 17:34, 39. Colleen Wesenberg 17:52, 44. Marilyn Bowden 18:08.

Oshkosh West — 17. Angie Gruendemann 16:19, 27. Missy Trift 16:33, 37. Lynn Kusche 17:41, 41. Connie Meronik 17:57, 59. Justina Krueger 19:15, 60. Laura Baker 19:16, 61. Susan Martin 19:18.

Other Neenah finishers — 16. Krista Erickson 16:13, 30. Mandy Gunderson 16:39.

Other Menasha finishers — 14. Kim Hoffkens 16:07, 23. Stacy Beyer 16:38, 38. Polly Tritz 17:47, 49. Julie Schiegg 18:24, 55. Karena Shackel 19:05, 56. Stacy Haroid 19:05.

Other Fond du Lac finishers — 13. Michelle Richter 16:05, 42. Sarah Zimmer 18:05, 43. Jackie Lese 18:06, 46. Kate Kollmann 18:13, 50. Jaimie Freund 18:27, 52. Julie Peterson 18:45.

Meghan Patterson and Julie Olson finished 3-4-5 in the girls' race to lead Neenah, and Christy Codner finished seventh. Sara Codner was ninth for the Rockets, who are ranked second in the state.

"We could have run better, but the girls ran well," Neenah coach Ron Fedenko said. "Our times were better a week before the week before at the same place (County-side Golf Course)."

Nicole Schmidt finished sixth for Menasha. Oshkosh West's first finisher was Angie Gruendemann in 17th.

Lac's top finisher, taking 13th, Brian Butzen was 15th and Chris Monroe 17th.

Tania Habeck was 18th to lead the North girls, followed by Marci Fisher in 21st and Manikhone Luangpraseuth in 22nd.

"The girls did a good job," Reigel said. "We have a fair chance of qualifying for state. Kimberly's not at our sectional and we were only a couple points behind Appleton West."

Christy McCutcheon,

Two Rocket teams defend FVA titles

■ Appleton East brings a strong challenge to the Neenah boys cross country squad

By George Mancosky
News-Record sports editor

The Neenah boys cross country squad goes after its fourth straight Fox Valley Association championship and the Neenah girls eye their third in a row in Thursday afternoon's 24th annual conference meet at Kaukauna's Countryside golf course.

The Neenah boys are expected to be challenged by Appleton East, ranked No. 1 in the state most of the season, while the girls would appear to have an easier time in quest of their crown.

The race program will open with the junior varsity boys and boys open event at 3:30 p.m. followed by the jayvee girls and girls open at 4 p.m.

The varsity boys runners will take the course at 4:30 p.m. The varsity girls race at 5 p.m. will conclude the program.

The Neenah girls have done well in big invitationals this fall, and coach Ron Fedenko sees them as the meet favorites.

"We've done fairly well," he said. "We're pretty solid unless something comes up. Fond du Lac did well early in the season but hasn't fielded a complete team recently."

Kimberly's Kim Griesbach will be after her third straight individual title, but Neenah's Christy McCutcheon, runner-up last year, has outraced her in recent meets.

Other returnees include Kaukauna's Katie Baumgart, who was third; Neenah's Julie Olson, fourth; Neenah's Meghan Patterson, fifth;

and Menasha's Kim Hofkens, ninth.

With a few exceptions, Neenah and Appleton East have dominated the boys race since its inception in 1970.

Neenah has won 10 crowns, East nine, and the teams shared another.

The Patriots finished ahead of the Twin Citians in their several meetings this fall.

A new individual champion will be named because two-time winner Adam McCullough of Fond du Lac was killed in an automobile accident in August.

Returning runners include Appleton East's Abe Mendoza, fourth; Neenah's Rhett Weyenberg and Bret Weyenberg, fifth and sixth, respectively; Appleton West's Jason Hohnberger, seventh; Fond du Lac's Jim Reichling, ninth; and East's Aaron Sass, 10th.

INVITATIONALS: The Neenah girls accumulated 74 points to trail Waukesha Memorial (68) in the latter's strong invitational Saturday.

McCutcheon was the only Neenah runner in the top 10 with her eighth place.

The Neenah boys finished three points behind Beaver Dam (57 to 54) and were paced by Rhett Weyenberg's third place and Bret Weyenberg's seventh.

Ryan Pociask's 14th place led the St. Mary Central teams in the Luxemburg-Casco run.

OTHER MEETS: The Neenah boys and girls both won FVA mini-meets involving Oshkosh West, Fond du Lac, Kaukauna and Kimberly.

Rhett Weyenberg and McCutcheon were individual winners.

Matt Toeppler was first in the Menasha boys' third place finish in a FVA quadrangular.

The Menasha boys won and the girls lost in a dual with Appleton Xavier. Hofkens won the girls race.

Race for top spots could come down to wire

Appleton East boys, Neenah girls loom as the teams to beat

By MIKE HIRSCH

Fox Valley Sports Editor

The Neenah girls' cross country team may not produce the individual champion at next Thursday's Fox Valley Association meet, but the Rockets appear to have a strong grip on the team title.

"The way things are going, if we don't goof up we should be favored," Neenah coach Ron Fedenko said. "But anything can happen."

Anything can indeed happen, but barring a huge upset, the Rockets will win the team championship of the meet, which is slated for Countywide Golf Course in Kaukauna at 3:30 p.m.

Neenah has had several runners finish at the top of their races and most recently it has been Christy McCutcheon.

Meghan Patterson and Julie Olson also have led Neenah across the finish line this year.

"Our top five has been real solid," Fedenko said. "Everyone has been pushing each other.

"We've had a couple of real good meets lately."

Completing Neenah's top five have normally been Christy and Sara Codner.

Fedenko lists Fond du Lac freshman Kendra Frederick as a possible challenger for the top spot in the individual run and also looks for Kimberly's Kim Griesbach to fare well.

Appleton East coach Joe Perez thinks the girls' run will be competitive, with the exception of Neenah.

"It's going to be Neenah all the way in the girls' meet," Perez said. "After them it's up for grabs between Appleton West, Fond du Lac, Oshkosh North and Menasha."

Perez looks for a Neenah runner to likely finish first.

"It could be any of three Neenah girls ... McCutcheon, Patterson or Olson or Kim Griesbachor (Kaukauna's) Niki Popp," Perez said. "I sort of look for McCutcheon to win. She's been coming on strong and and she finished strong last year."

Other area girls to look for in the meet are Menasha's Kim Hofkens and Nicole Schmidt and Appleton West's Kathy Sheridan and Sarah McGlone.

While the girls' team title may all but be decided, Perez expects a stiff challenge to his East team by Neenah.

"It should be us or Neenah," Perez said. "We haven't had any trouble with anyone else in the conference."

Abe Mendoza has been the Patriots' top runner, though he's been pushed by Aaron Sasse and Dugan Webster.

"Abe's been a little better than the other two lately, though on any given day any of those three could finish first for us," Perez said.

Perez lists Neenah's Rhett and Brett Weyenberg, Appleton West's Ryan Patschke and Menasha's Matt Toeppler as other challengers for the individual title.

East, which is attempting to end Neenah's three-year reign as FVA champions, received a scare a couple of weeks ago when Webster was involved in a car accident.

"He got shook up pretty good," Perez said. "But he was checked out by a doctor and from what it looked like to-night (Tuesday) he's back."

CONFERENCE CHAMPIONS

GIRLS

<u>RUNNER</u>	<u>MILE 1</u>	<u>FINISH</u>	<u>PLACE</u>
1. Christy McCutcheon	5:58	15:36	3
2. Meghan Patterson	6:03	15:38	4
3. Julie Olson	6:05	15:42	5
4. Christy Codner	6:05	15:46	7
5. Sara Codner	6:06	15:53	9
6. Krista Erickson	6:08	16:13	16
7. Mandy Gunderson	6:35	16:59	30

JV RUNNER

1. Heather Michalkiewicz	6:28	16:56	1
2. Danelle Johnson	6:40	17:23	2
3. Lisa Heroux	6:45	17:32	4
4. Meghan Mutchler	6:47	17:47	5
5. Sarah Brey	6:54	17:49	6
6. Alicia Hilliker	7:02	17:55	7
7. Holly Goudreau	7:01	18:43	12

OPEN RACE

1. Norel Miller	6:59	17:54
2. Julee Beckstrom	7:09	18:23
3. Shayna Brown	7:14	18:46
4. Mysee Moua	7:14	19:12
5. Sara Mulroy	7:45	20:14
6. Missy Klabunde	DNR	
7. Liz Stelow	DNR	

<u>TOP TEN</u>	<u>SCHOOL</u>	<u>TIME</u>
1. Kendra Fredrick	Fond du Lac	15:18
2. Kim Griesbach	Kimberly	15:22
3. Christy McCutcheon	Neenah	15:36
4. Meghan Patterson	Neenah	15:38
5. Julie Olson	Neenah	15:42
6. Nicole Schmidt	Menasha	15:45
7. Christy Codner	Neenah	15:46
8. Amanda Neumeier	Kimberly	15:51
9. Sara Codner	Neenah	15:53
10. Sarah McGlare	Appleton West	15:54

TEAM SCORES

1. Neenah	28
2. Kimberly	97
3. Appleton West	120
4. Oshkosh North	122
5. Menasha	130
6. Appleton East	144
7. Fond du Lac	145
8. Kaukauna	177
9. Oshkosh West	181

JV SCORES

Neenah	18
Appleton West	55
Appleton East	77
Kimberly	121

East boys end Neenah's FVA win streak at three

Rocket girls put a lot of distance between themselves and the field

BY MIKE HIRSCH
Fox Valley Sports editor

KAUKAUNA – It wasn't supposed to be this easy.

Neenah's Rhett Weyenberg looked around and couldn't believe what he didn't see.

Weyenberg, a senior, was well in front of the pack for much of last Thursday's Fox Valley Association boys' cross country meet at Countryside Golf Course and ended up winning the 5,000-meter race in 15:53, well ahead of second-place finisher Aaron Sass.

Sass, of Appleton East, helped the Patriots to the team title. He was joined by four teammates in the top 11 and East's team total of 31 was 20 better than Neenah, which finished in second place. The Rockets had won three consecutive FVA boys' championships.

In the girls' run, Neenah had five finishers in the top nine; dominating as expected. Christy McCutcheon, Meghan Patterson and Julie Olson paced the Rockets, finishing third through fifth, respectively. Neenah's 28-point team total placed it well ahead of Kimberly's second-place score of 97.

The individual winner was Fond du Lac freshman Kendra

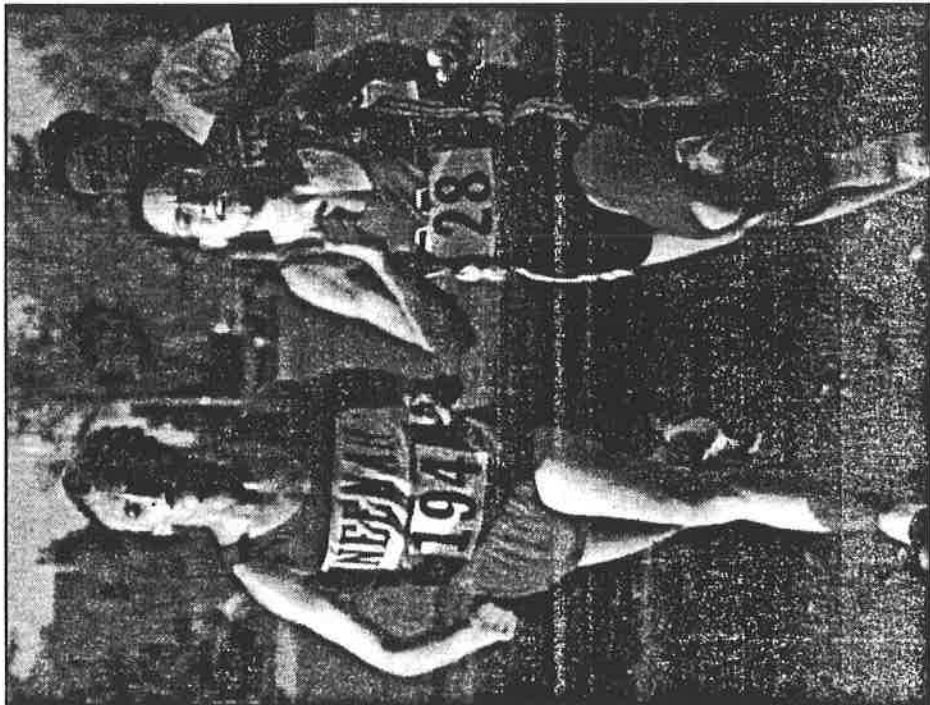
Frederick, who covered the 4,000 meters in 15:18, four seconds better than two-time champion Kim Griesbach of Kimberly.

"I just wanted to stick with the leaders until the mile mark and then try to make my move," Weyenberg said. "I figured if I lost contact, it'd be tougher for the other runners to catch me."

The first mile of the race was tightly bunched when Weyenberg decided to make his move, pulling away from the pack to a comfortable lead.

"I checked back about three times and couldn't believe I was in front like I was," Weyenberg said. "I wanted to have the lead like that but I didn't think it was really going to happen. I wanted to win this, but I was hoping the team would do better."

Appleton East made sure Neenah wouldn't repeat as champions even though Abe Mendoza, one of the Patriots' top runners, finished 10th, after staying with the leaders through the first half of the race.



FVA PHOTO BY MIKE BIRR
NEENAH'S CHAD GORECTKE and East's Dave Johnson (28) battle for position during the FVA cross country meet last Thursday.

"Second place doesn't feel as good as first place, but I'm happy with the way I ran."

Neenah girls' coach Ron Fedenko also was happy with the way his team performed.

"The girls ran very well ... pretty much what we expected," Fedenko said. "They finished, I think, in the same order they've been finishing all along as a team."

That's when Rhett made his move and he was gone ... he really ran well.

"I can't complain with second place. Rhett's really strong and I didn't expect to beat him and I just came in running my own race. I'm really happy."

Perez was pleased with his team's performance and the team can now set its sights on a larger prize.

"It feels great to win," Perez said. "It's been five years since we won our last championship. They're talented and hopefully the season is not at its end for us. We want to make the state meet bad."

The depth of the Patriots again paid off.

"You can't minimize what the other kids have done," Perez said. "They've really improved in a year."

Seniors Scott Myers and Dave Johnson rounded out East's top five runners, finishing sixth and 11th, respectively.

Other area boy runners placing in the top 10 included Appleton West's Ryan Patschke (fourth), Menasha's Matt Toeppler (seventh) and Neenah's Chad Gorectke (eighth).

The girls' run found Griesbach and Frederick close all the way, with several lead changes between the two.

"She passed me with about 200 yards to go," Griesbach said. "I have to work on my kick at the end. I have a kick, but it needs to get better. I gave it my all, but she has a nice stride."

"We went out at our own pace," Sass said. "We knew Neenah was going to try and take it out fast but we didn't want to go with them. We just wanted to maintain contact until the mile mark which we did."

East boys, Neenah girls claim FVA cross country titles

From page 26

In placing third, McCutcheon finished in 15:36, two seconds ahead of Patterson and six seconds ahead of Olson. Christy Codner and Sara Codner filled out Neenah's top five by finishing seventh and ninth, respectively.

While confident in his team, Fedenko knew the race still had to be run.

"We figured we had a good shot at it, no question about that, because we've ran against everyone all year," Fedenko said. "You don't take anything for granted, because you always worry that somebody's going to miss a flag or somebody gets knocked down. We have some depth too, but still, always in the back of your mind you worry. To tell you the truth this (expecting to win) is worse because you're expected to win but if you don't

Ostle 16:20; 53, Craig Wilde 16:47; 56, Jason Fritz 19:11; 60, Jeff Vander Zanden 19:51; 61, Jason Sanderafoot 19:57; 62, Jeff Van Thiel 20:57.

Girls

NEENAH 28, KIMBERLY 97, APPLETON WEST 120, OSHKOSH NORTH 122, MENASHA 130, APPLETON EAST 144, FOND DU LAC 145, KAUKAUNA 177, OSHKOSH WEST 181.

1, Kendra Frederick FDL 15:18; 2, Kim Griesbach KIM 15:22; 3, Christy McCutcheon N 15:36; 4, Meghan Patterson N 15:38; 5, Julie Olson N 15:42; 6, Nicole Schmidt M 15:45; 7, Christy Codner N 15:46; 8, Amanda Neumeier KIM 15:51; 9, Sara Codner N 15:53; 10, Sarah McGlone AW 15:54.

Area runners

Neenah: 3, Christy McCutcheon 15:36; 4, Meghan Patterson 15:38; 5, Julie Olson 15:42; 7, Christy Codner 15:46; 9, Sara Codner 15:53; 16, Krista Erickson 16:13; 30, Mandy Gunderson 16:59.

Kimberly: 2, Kim Griesbach 15:22; 8, Amanda Neumeier 15:51; 11, Stacie Kleffer 15:56; 29, Jessie Huss 16:58; 47, Dawn Romensko 18:16; 53, Julie Hengel 18:46; 58, Alison Wall 19:10.

Appleton West: 10, Sarah McGlone 15:54; 19, Kathy Sheridan 16:24; 28, Leah Hussin 16:55; 31, Leah Hackbarth 17:06; 32, Michelle Acker 17:07; 33, Jenny O'Connor 17:10; 35, Deanna Dennis 17:25.

Menasha: 6, Nicole Schmidt 15:45; 14, Kim Holkens 16:07; 23, Stacy Beyer 16:36; 38, Patty Hietz 17:47; 49, Julie Schlegel 18:24; 55, Karena Shackel 19:05; 56, Stacy Harold 19:05.

Appleton East: 20, Heather Lichtenberg 16:27; 24, Beth Egelhoff 16:40; 26, Laura Johnson 16:52; 34, Kristy Wydeven, 40, Heidi Schmidt 17:57; 51, Tracy Coenen 18:43; 54, Rachel Mielke 18:54.

Kaukauna

12, Nikki Popp 16:02; 15, Katie Baumgart 16:12; 45, Vicki Basseff 16:09; 48, Martha Sprangers 18:16; 57, Valerie Vanevenhoven 19:08; 62, Kelly Van Schyndel 19:20; 63, Kista Tennesen 19:46.

Other area runners in the 10 included Menasha's Nicole Schmidt (sixth), Kimberly's Amanda Neumeier (eighth) and Appleton West's Sarah McGlone (10th).

Boys

APPLETON EAST 32, NEENAH 52, FOND DU LAC 91, OSHKOSH WEST 129, KAUKAUNA 135, APPLETON WEST 148, MENASHA 176, OSHKOSH NORTH 208, KIMBERLY 242.

1, Rheit Weyenberg N 15:53; 2, Aaron Sass AE 16:19; 3, Dugan Webster AE 16:21; 4, Ryan Patschke AW 16:22; 5, Bret Weyenberg N 16:27; 6, Scott Myers AE 16:30; 7, Matt Toeppler M 16:32; 8, Chad Gorectke N 16:41; 9, Tim Rumlow OW 16:44; 10, Abs Mendoza AE 16:45.

Area runners

Appleton East: 2, Aaron Sass 16:19; 3, Dugan Webster 16:21; 6, Scott Myers 16:30; 10, Abs Mendoza 16:45; 11, Dave Johnson 16:46; 25, John Sonnenlither 17:26; 30, Joe Hurley 17:36.

Neenah: 1, Rheit Weyenberg 15:53; 5, Bret Weyenberg 16:27; 8, Chad Gorectke 16:41; 18, Jay Frater 17:04; 20, Ben Miller 17:13; 22, Ryan Fleund 17:21; 24, Andy Marks 17:23.

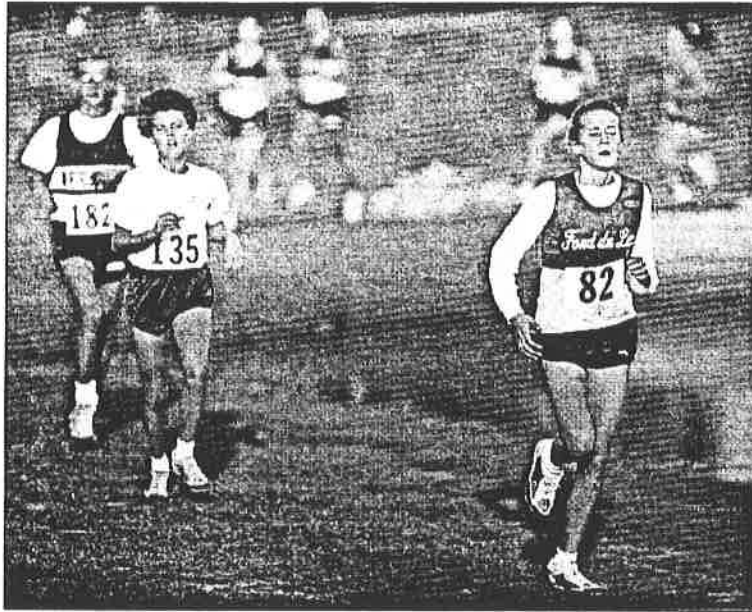
Kaukauna: 16, Todd Sanders 16:57; 23, Dennis Green 17:22; 29, Dave Pahl 17:30; 31, Ryan Vanderloop 17:38; 36, Dan Green 17:50; 42, Dan Johnson 18:01; 51, Dave Vanderloop 18:38.

Appleton West: 4, Ryan Patschke 16:22; 21, Jason Hohnberger 17:14; 39, Luke Menel 17:56; 40, Joe Fourness 17:59; 44, Andy Combs 18:07; 49, Peter Post 18:22.

Menasha

7, Matt Toeppler 16:32; 34, Matt Eisele 17:41; 37, Kurt Knoll 17:54; 48, Tim Pierre 18:21; 50, Kris Luneau 18:35; 55, Matt Jansen 19:05; 59, Keith Holkens 19:48.

Kimberly: 26, Travis Devalk 17:28; 47, Aaron



Post-Crescent photo by Steve Smart

KENDRA FREDERICK, a freshman from Fond du Lac, won the girls' individual title at the Fox Valley Association cross country meet Thursday in Kaukauna.

The Patriots show their heart and sole

■ **Appleton East ends Neenah's three-year reign as FVA boys' cross country champion, while the Rockets claim the girls' title**

By Jim Oskola
Of The Post-Crescent

KAUKAUNA — The Appleton East boys' cross country team decided its time had come.

They figured Neenah had been the cross country kings in the Fox Valley Association for long enough, and it was time to make their move.

And led by Aaron Sass' second-place finish, East finished with five runners among the first eleven finishers to capture the FVA title Thursday at Countryside Golf Course.

"We really ran well as a team," said Sass. "They (the Rockets) have been really good for a lot of years but we felt this was our year."

Patriots coach Joe Perez took no great pleasure in knocking off the

FVA CROSS COUNTRY

Rockets.

"I don't think about that," said Perez, whose team totaled 32 points to Neenah's 52. "I think it just feels great in general to win. I think it's been five years since we won our last championship."

Neenah boys' coach Tom Jensen gave credit where credit was due.

"It took a good team to beat us," said Jensen. "I'm not disappointed at all in how our kids ran. East just won today because they were the better team."

Neenah's Rhett Weyenberg was not to be denied the individual title, capturing the 5,000-meter race in a personal best time of 15 minutes, 53 seconds.

"He's just coming on at the right time of the season," Jensen said. "Anytime you break the 16-minute mark on hills like these, it's an impressive time."

And not only were the hills a factor, so was the wind.

"I didn't notice it while I was running," Weyenberg said. "I just concentrated on the race."

So much so, that even though he took the lead for good at the one-mile mark, he said he never really felt confident.

"I didn't feel that I had it won until I finished in the chute," he said.

In the girls' race, Neenah placed five runners among the top 10 finishers to easily win their third consecutive FVA title. Kimberly finished a distant second.

Neenah coach Ron Fedenko wasn't surprised by his team's performance.

"They ran very well," Fedenko said. "They finished in the same order that they've been finishing all along."

The race for the individual crown was a see-saw affair. Fond du Lac freshman Kendra Frederick managed to outkick defending champion Kim Griesbach of Kimberly over the final 200 yards to win by four seconds.

"I have to work on my kick at the end," said Griesbach. "I gave it my all but she (Frederick) has a nice stride."

Frederick, meanwhile, was surprised by her win.

"I didn't know if I could do it," said Frederick. "But in the last part of the race, I had enough of a kick left to help me win."

Boys
APPLETON EAST 32, NEENAH 52, FOND DU LAC 91, OSHKOSH WEST 129, KAUKAUNA 135, APPLETON WEST 148, MENASHA 176, OSHKOSH NORTH 208, KIMBERLY 242

1. Rhett Weyenberg N 15:53; 2. Aaron Sass AE; 3. Dugan Webster AE; 4. Ryan Patschke AW; 5. Bret Weyenberg N; 6. Scott Myers AE; 7. Matt Toepfler M; 8. Chad Gorectek N; 9. Tim Rumiow OW; 10. Abe Mendoza AE.

Other area finishers

Appleton East: 11. Dave Johnson; 25. John Sonneleitner; 30. Joe Hurley.

Appleton West: 21. Jason Hohnberger; 39. Luke Vernet; 40. Joe Fourness; 44. Andy Combs; 49. Peter Post.

Kaukauna: 16. Todd Sanders; 23. Dennis Green; 29. Dave Pahl; 31. Ryan Vander Loop; 36. Dan Green; 42. Dan Johnson; 51. Dave Vander Loop.

Kimberly: 26. Travis DeValk; 47. Aaron Opsteen; 53. Craig Wide; 56. Jason Freitz; 60. Jeff Vander Zanden; 61. Jason Sanderfoot; 62. Jeff Van Thiel.

Menasha: 34. Matt Eisele; 37. Kurt Knoll; 48. Tim Pierre; 50. Kris Lunenu; 55. Matt Jansen; 59. Keith Hofkens.

Neenah: 18. Jay Frater; 20. Ben Miller; 22. Ryan Freund; 24. Andy Marks.

Girls
NEENAH 28, KIMBERLY 97, APPLETON WEST 120, OSHKOSH NORTH 122, MENASHA 130, APPLETON EAST 144, FOND DU LAC 145, KAUKAUNA 177, OSHKOSH WEST 181

1. Kendra Frederick FDL 15:18; 2. Kim Griesbach KIM; 3. Christy McCutcheon N; 4. Meghan Patterson N; 5. Julie Olson N; 6. Nicole Schmidt M; 7. Christy Codnar N; 8. Amanda Neumeier KIM; 9. Sara Codnar N; 10. Sarah McGlone AW.

Other area finishers

Appleton East: 20. Heather Lichtenberg; 24. Beth Egelhoff; 26. Laura Johnson; 34. Kristy Wydoven; 40. Heidi Schmidt; 51. Tracy Coenen; 54. Rachel Meike.

Appleton West: 19. Kathy Shendan; 28. Leah Hussin; 31. Leah Hackbarth; 32. Michelle Acker; 33. Jenny Acker; 35. Deanna Dennis.

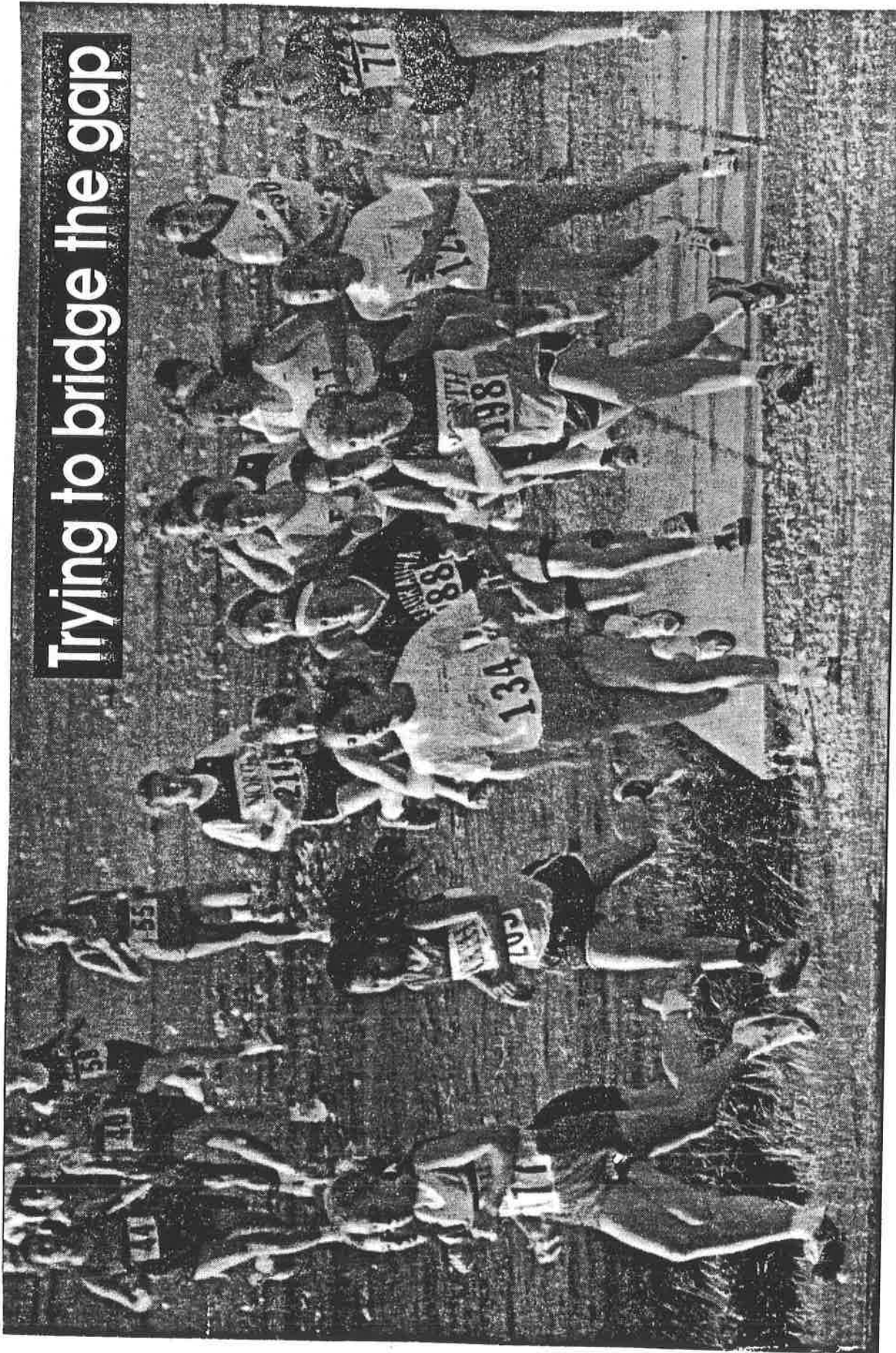
Kaukauna: 12. Niki Popp; 15. Katie Baumgart; 45. Vicki Bassett; 48. Martha Sprangers; 57. Valerie Vanevenhoven; 62. Kelly Van Schyndel; 63. Krista Tennessee.

Kimberly: 11. Stacie Kieffer; 29. Jessie Huss; 47. Dawn Romensko; 53. Julie Hengel; 58. Alison Wall.

Menasha: 14. Kim Hofkens; 23. Stacy Beyer; 38. Polly Tietz; 49. Julie Schiegg; 55. Karena Schackel; 56. Stacy Harold.

Neenah: 16. Krista Erickson; 30. Mandy Gunderson.

Trying to bridge the gap



AREA RUNNERS CROSS THIS BRIDGE during the Fox Valley Association girls' cross country meet last Thursday at Countryside Golf Course in Kaukauna.

FVS PHOTO BY M

Neenah jayvee runners record sweep

KAUKAUNA – Neenah dominated both the boys' and girls' portions of the Fox Valley Association jayvee cross country meet last Thursday at Countryside Golf Course.

The Neenah boys claimed four of the top five places and finished with 22 points, 20 better than second place Appleton East.

The Rocket's Chris Core won the 5,000-meter boys' run in 17:26.

In the girls' race, Neenah had six of the top seven finishers and totaled 18 points, well ahead of second-place Appleton West, which had 55

points.

Neenah's Heather Michalkiewicz won the 4,000-meter girls' race in 16:56.

Boys

NEENAH 22, APPLETON EAST 42, KAUKAUNA 85, FOND DU LAC 98, APPLETON WEST 150, OSHKOSH WEST 152, MENASHA 219, KIMBERLY and OSHKOSH NORTH had incomplete teams.

Area runners

Neenah: 1. Chris Core 17:26; 2. Mike Heidke 17:30; 3. Rich Rasmussen 17:44; 5. Jangle Remme 17:57; 11. Ryan Waterstreet 18:25; 13. Brian Wankel 18:30; 22. Ryan Hayes 18:56.

Appleton East: 4. Jerry Grogan 17:53; 6. Jason Wachtendonk 18:14; 7. Mark Schroeder 18:14; 9. Andy Kruse 18:21; 16. Andy Dumsirn 18:44; 24. D.J. Sifton 19:13; 34. Nate Miller 19:41.

Kaukauna: 8. Brian Vanevenhoven 18:16; 15. Cory Vanden Heuvel 18:42; 18. Kevin Feyen 18:51; 20. Jason Van Epem 18:54; 23. Charile Hietpas 19:06; 31. Tom Bartsch 19:36; 35. Mike Kohne 19:43.

Appleton West: 17. Travis Powell 18:46; 27. Winn Collins 19:18; 29. Dave Lyle 19:29; 36. Tony Hillsabeck 19:44; 37. Jan Borchardt 19:46; 40. Brian Liedtke 19:58; 42. Nate Tyson 20:14.

Menasha: 33. Cory Koester 19:40; 39. Dan

Hoppe 19:56; 46. Shane Heule 21:30; 47. Eric Schneider 21:58; 49. Derrick Wright 24:15; 50. Jerry Smith 26:00; 51. Keith Naps 26:11.

Kimberly: 48. Brad Schmldt 23:07.

Girls

NEENAH 18, APPLETON WEST 55, APPLETON EAST 77, KIMBERLY 121, KAUKAUNA, MENASHA, OSHKOSH NORTH and OSHKOSH WEST had incomplete teams.

Area runners

Neenah: 1. Heather Michalkiewicz 16:56; 2. Danielle Johnson 17:23; 4. Lisa Heroux 17:32; 5. Megan Mutchler 17:47; 6. Sarah Brey 17:49; 7. Alicia Hilliker 17:55; 12. Holly Goudreau 18:43.

Appleton West: 3. Shannon Greening 17:30; 9. Kim Royce 18:15; 13. Lisa Thomson 18:45; 14. Allison Snavelly 18:57; 16. April Banda 19:15; 19. Jessie Beck 19:28; 30. Amy Green 20:48.

Appleton East: 8. Andrea Stoffel 18:05; 10. Ericka Bauer 18:28; 11. Beth Buchwenitz 18:41; 21. Anh Hoang 19:49; 27. Sara Sonsthagen 20:23.

Kimberly: 17. Ann Kunstman 19:18; 18. Jill Keberlein 19:21; 24. Jenni Bougie 20:07; 28. Kara Winius 20:35; 34. Laura Neumeier 22:20.

Kaukauna: 20. Sara Spietz 19:34; 23. Amy Vander Sanden 20:02; 36. Amy Kroiss 24:54.

Menasha: 25. Monica Babcock 20:13; 29. Laura Dorn 20:36; 32. Becky Young 21:35; 33. Jeannine Resch 21:45.



News-Record photo by Michael Leschisin

NEENAH JUNIOR VARSITY RUNNERS Chris Core (front) and Michael Heidke race along the railroad tracks in the Spartan Invitational cross country meet at Oshkosh Thursday. Core finished sixth and Heidke 11th to help the Rockets capture first place in the team standings.